

# Lyd Valley Riding Club

www.lydvalleyriding.co.uk



## Newsletter - February 2010

Dear members,

We were all hoping for better weather in the New Year, however it was not to be. More snow and ice has continued to cause numerous problems with frozen water supplies to yards and stables, roads that have been far too dangerous to ride on, and many event cancellations.

Lyd Valley events were no exception, and the Flatwork session planned for 10th January, with our new guest instructor Dawn Vanstone was unable to proceed. Look out for Dawn holding a replacement session for us later in the year.

Despite freezing conditions and further snowfall, the lunging demo at the end of January did go ahead and was thoroughly enjoyed by all, see inside for a full report.

The following weekend saw the Area 19 Team Dressage competition at Duchy, many thanks to those who turned out on another freezing day to support your club members taking part. Again, see report inside for full details.

If you fancy having a bit of fun with your horse don't forget the drill riding at Bradstone Manor on 27th February, this event will only be the good fun it should be if we get enough people to come along and take part, so go on, try something different!!

Also remember our next guest instructor, John Chubb, taking flatwork sessions for us on Sunday 7th March, places are going fast so if you haven't already booked, now is the time to do so.

Another date for your diaries, after the hugely popular quiz night held last year, we are incredibly lucky that the White Hart, Bridestow, have agreed to let us do it again this year, on Wednesday, 14th April, quiz starts at 8.30pm prompt. Teams of 4 (which we can make up on the night if required), cost £2 per person. All proceeds from the evening will boost Club funds. Bring along your partners and friends - all welcome.

We have lots going on over the forthcoming months, with hopefully something for everyone, but if you can't find anything on the Schedule of Events that interests you, then please fill out the questionnaire that was sent out with your new BRC card, and let us know what you want. We will do our best to accommodate!

Happy riding, and I hope to see you at an event soon!

*Helen*



### *Your Committee*

<b>Chairman:</b>	Helen Jenkins	07879 640674
<b>Vice Chair:</b>	Naomi Saunders	07899 772153
<b>Secretary:</b>	Fran Morgan	07974 808420
<b>Treasurer:</b>	Steve Morgan	07778 868577

### **Events Team:**

Emma Clarkson	07973 144930
Rose Ellison	07748 450826
Naomi Saunders	07899 772153
Cath Scrivener	07792 350990
Terry Shopland	07514 943252
Penny Slater	07766 106720
Pauline Treble	01822 610712
Carole Whiteley	01837 861559

### *Meet Your Committee....*

As promised, the start of a regular feature for you to get to know your Committee. First up, your Chairman...

Helen became a Lyd Valley committee member way back at the beginning of 2004, and in that time has held the positions of Social Secretary, Treasurer, Event Organiser and Chairman.



Pictured here with her horse Solly, who she's owned for three years. Bought as an extremely green 7 year old, they are progressing slowly, however Helen is currently hindered by torn ligaments in her knee (a result of skiing, not riding!) so you are more likely to see her on crutches, rather than in the saddle for a while!

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## AREA 19

### DRESSAGE TEAM QUALIFIER

*Team events are something new for Lyd Valley, so with great trepidation, our fantastic four consisting of Jenny Greenway on Steely Dan, Penny Slater on Espartico, Emma Clarkson on Delisky High and Anne Shrubshall on Fienna, did us proud. Final team result was 16th out of 26 teams, certainly nothing to be ashamed of.*

*Well done ladies, we're very proud of you!*

*The following article from Anne Shrubshall, one of those intrepid four.....*

I joined Lyd Valley Riding Club just over a year ago and what has impressed me in that time is the all-inclusive approach to representing the Club in competitions. We get emails letting us know what is coming up with a general request for participants. It is not a question of chosen people being selected automatically - it really is open to anyone who wants to have a go. So that is how I found myself for the second time in 12 months representing the Club at a dressage competition - this time at Duchy College.

I must admit on the morning of the competition I did question why I had volunteered when I had not been able to do any serious schooling since Christmas because of the weather plus I work full time. Nevertheless I got my mare all spruced up and we set off for Duchy in plenty of time. Cath (Scrivenor - Team Event Organiser) had made sure I knew exactly what I was doing - emailed me the test plus reminded me to bring my passport, to have up to date flu vac (the horse not me!) and don't forget the pale coloured gloves.

When I got there Cath was around to make sure everything was OK and there were other club members giving morale support. It was great to be able to warm up indoors and everyone was very friendly. Two of our members (Jenny and Penny) had competed in the morning and Emma and myself were in the afternoon, but doing different tests. Mine was the easier level - like a prelim but with a bit of medium trot thrown in - only showing some steps across one diagonal so nothing to get worried about.

The steward had the running order and made sure everyone had plenty of warning when it was their time. So eventually we were in to the arena - indoors

as well although Emma's was outdoors. I was a bit worried we might spook at the judge - she was in a Land Rover parked by the doorway but for once Fienna was not bothered. She was a bit forward going and we got unbalanced at times but on the whole we got through the test OK. I know we could have done better if we had been able to put more work in before hand but at this time of year it is so difficult. That is one of the reasons I was keen to take part - at least we were able to get out a do a bit of flatwork on a good surface and make a change from battling the mud and ice.

Emma went in for her test just after and I wished my mare was as calm and obedient! The scores came up and I was a little disappointed, but when I got the test sheet back the comments were all very fair and gave useful feedback.



*Anne Shrubshall riding Fienna, Cath Scrivenor, and Emma Clarkson riding Delisky High*

It's given me the incentive to get some better quality schooling time (what better way than one of the club flatwork sessions) and it was good to get back out competing again after the horrendous winter we have been having. So next time you see one of the emails about club competitions - don't just ignore it - think about giving it a go!

# Lunging Demonstration

## Sunday, 31st January

Despite the cold and snowy weather there was a good turnout by the club for the Lunging Demonstration by Emma Clarkson at Leawood Equestrian Centre. Unfortunately due to icy on the yard and the snowy conditions, Emma was unable to bring her horse from Bradstone Manor as planned, however Cath Scrivenor very kindly allowed Fred to be used for the entire demonstration, and he certainly rose to the challenge!

The demonstration commenced promptly at 11am, with advice on the correct lunging attire & general safety guidelines. The group was shown how to safely fit the lunge cavesson and correctly measure side reins. We were then shown how to "cast off" & warm up the horse, firstly up & then down through the transitions. Emma then took us through the whole lunging process, including body position and aides.

The second half of the demonstration was detailed instruction on how to use a Pessoa, which is a lunging pulley system that encourages balance & muscle tone, to give your horse a full body work out. There were clear

guidelines on the duration of your sessions and comparisons depending on the horse's age, ability & temperament.

The group were able to ask questions as the demonstration progressed, which gave everyone chance to seek advice on their own particular issues! The morning concluded with hot chocolate & biscuits which was much appreciated, many thanks to Pauline Treble!

The demonstration was easy to comprehend and gave everybody something to take away with them, really worthwhile.



### Horse for Loan

16.2hh+ Bay Mare, rising 5 yrs, professionally backed last summer. Some lessons with Diana Strachan, mainly hacked. See small jumps, started pole work. Brave, sane & safe, even after 3 weeks off with icy weather. Very green, exceptional temperament. Bred to event by Catherston Dazzler, mare competed in RC events at Hartpury & competed to Discovery in her youth.

Home required for 1 - 3 years to suit, as I have no time for her at present and she is wasted in current home. Looking for someone to progress her in dressage / eventing, BSJA also fine but not to win too much money as I don't want to have to jump too big when she comes back!

All enquiries: Cathy Busby, East Cornwall R C (via Helen Jenkins - helenjenkins0508@hotmail.co.uk)

### Horse for Sale

14.2hh+ Dark Bay Mare, rising 5 yrs, Connemara/TB.

Professionally backed by Matthew Hall, been ridden on. Lovely forward going ride, goes well alone or in company, copes well with heavy traffic (ridden along the Tavistock - Launceston road - past Equest Vets).

Hunted a few times with Spooners and Lamerton. Gentle temperament, good straight movement and stunning good looks. Half sister to Ashwater Reet Petite who is SHP Champion, they look very alike.

Lack of time forces sale, she deserves much more than I can give her. For sale only to good, knowledgeable long term home.

All enquiries: Gina Small 01409 211060

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## Events Diary - January - June 2010

All events at Leawood E.C., Bridestowe & £12 per session unless otherwise specified.

### February

Sun 21st	Sue Ross	Pole & Grid	1st class 12.30pm
Sat 27th	Emma Clarkson @ Bradstone Manor	Drill riding for fun! 4-8 horses/riders all doing the same thing - come & give it a go!!	1st class 12 o'clock (1.5 hours)

### March

Sun 7th	John Chubb	Flatwork (GUEST INSTRUCTOR)	1st class 10.30am (Cost £15)
Sat 20th	Sue Ross	Show Jumping (outdoor school if weather permits)	1st class 12.30pm
Sat 27th	OPEN DRESSAGE	PonyDTest1, Prelim 1 & 18, Novice 24 (2002)	

### April

Sun 11th	Lucy Cox	Flatwork	1st class 11am
Wed 14th	Quiz Night - White Hart, Bridestowe		Arrive by 8pm please
Sat 17th	Angela Coward	Cross Country Training	1st class 10am (1.5 hours)
Sat 24th	OPEN DEMO - SHOWING, how to prepare		11am - 3pm (approx) £4 members, £6 non-members - bring a packed lunch. Drinks, crisps etc available to buy.

### May

Sat 8th	Richard Lucas @ Lower Tokenbury	Cross Country	1st class 10am (1.5 hours) (Cost £25)
Sat 22nd	OPEN DRESSAGE	Intro A, Prelim 10 & 14, Novice 22	
Mon 31st	RALLY at SOUTHCOTT Cross Country (full details to follow)		

### June

Sun 6th	John Chubb	Flatwork (GUEST INSTRUCTOR)	1st class 10.30am (Cost £15)
Sat 12th	Emma Clarkson	Show Jumping	1st class 12 o'clock
27th - 30th	STOCKLAND LOVELL CAMP!	Limited places - phone Naomi for more details	

### Mid - Week Training Dates

<b>February</b>	24th	Flatwork						
<b>March</b>	1st	Pole & Grid;	10th	Flatwork;	15th	Pole & Grid;	24th	Flatwork
<b>April</b>	21st	Flatwork;	26th	Pole & Grid				
<b>May</b>	5th	Flatwork;	17th	Pole & Grid;	19th	Flatwork		
<b>June</b>	9th	Flatwork;	14th	Pole & Grid;	23rd	Flatwork		