



Newsletter - JULY 2014

Dear members,

Not quite sure where this year has gone, but at last we have had some good weather with more hopefully to come!

We have lots coming up over the next few months and I look forward to seeing lots of you at our training and show jumping.

MEMBERSHIP is officially due from 1st October, however the new form is now up on the website and any payment made now will count until October 2015. Once again we have managed to keep the subscription the same (£25) and I think you will agree that this is very good value for money. Please send all forms and payment to Anne Shrubshall at 131 Crediton Road, Okehampton, EX20 1NZ.

Please note that I have moved and my new address is Ivy Cottage, 3 Fore Street, Bridestowe, EX20 4EL. My home phone is 01837 861705. Mobile reception is bad, but you can e mail me or leave me a message on my mobile (cathscrivener@btinternet.com or 07815 821779).

Cath

CAMP WEEKEND



Please remember our camp which takes place this year from Fri 22nd to Sun 24th August. Places are very limited and we only have 20 stables, 10 of which have already been filled. If you are interested, please let me know asap. Last year we all had a fabulous time. Lessons are optional and you can just go for the hacking and playing around on the XC course, followed of course by good food and plenty of wine!!! Prices will be £150 with no instruction or £230 with. Please get in touch with Cath Scrivener if you would like to go.

'JUMP A COURSE DAY'

It is with regret that we have had to cancel both our combined training events due to be held on 6th July and 7th September. This is due to lack of first aid cover. On the 6th July we ran a 'Jump a course day' where after warming up, you come into the arena and jump a course of fences at whatever height you would like and then, with an instructor on hand, to help with any difficulties you may have you get a chance to practice over the course. This day was thoroughly enjoyed by everyone who attended and it was requested that we ran it again. Therefore on the 14th September we are again going to do this. It gives you a chance to jump things you may not be able to elsewhere, i.e. water trays, walls and various fillers. The cost for this will be £20pp but it is a half hour individual practice with an instructor. Please contact Cath for more details.



RIDE A TEST DAY

As you will see from the events diary, on Sunday, 7th September, we are holding another 'Ride a Test' day as the members who took part thoroughly enjoyed it and improved dramatically. You will ride either a prelim or novice dressage test which will be marked, John Chubb will then give feedback and you will have time to practice prior to going back in the arena and see if you can improve upon your score. Hopefully this will help those of you who are going to have a go at the winter area dressage this year and will help everyone who rides dressage tests. Please contact Cath to book a space as places will be limited. £20pp.



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HELPERS

Please remember that anyone who helps at our events will be eligible to receive a £5 voucher which can be redeemed against the cost of lessons, camp, merchandise, events or anything else the club organises.

We also desperately need first aiders otherwise we will only be able to run dressage competitions rather than the combined training.

FELICITY MANN VISIT

Saturday, 29th March was a lovely spring day and perfect for a Lyd valley Riding Club trip to Felicity Mann's yard in the pretty village of Culmstock.

There were 8 participants, divided into morning and afternoon groups. The racewood equisimulator is in a mirrored room, enabling the rider and instructor to see what is happening from all angles, and thus make adjustments to position.

We each had 30 minutes on the horse, instructed by Felicity, and keeping an eye on the screen in front of us which showed us whether we were sitting and riding evenly, seemingly tiny adjustments can make a world of difference to our horses and ourselves, comfort and performance enhanced, and reducing stress. The equisimulator is a valuable tool in pinpointing which parts of our bodies need strengthening and if we are riding equally on both sides.

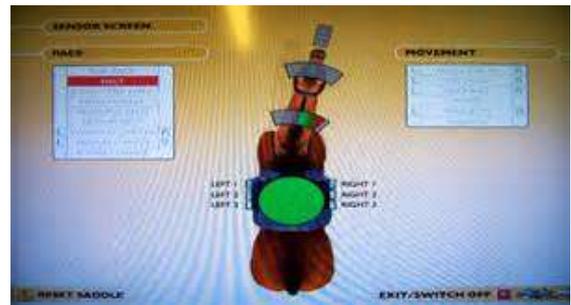
Of course the simulator will perform many different movements (if the rider is giving correct aids) and it was wonderful to experience flying changes, etc. in a calm and controlled environment, when most of us

have less than ideal conditions to work in, and horses that have different ideas!!

At lunchtime we all met at the excellent village pub which served mouthwatering food and had very friendly dogs. The afternoon ladies were interested to hear what was in store for them and there was a lot of chatter over lunch.

For myself, this was an ideal introduction to the riding club and making new friends. Everyone was very nice and non-judgmental in as much as it doesn't matter a jot on what you and your horse can or can't do, it's the fun that matters. I went home resolving to do better and wishing I could have another go on the simulator, and to join in other LVRC events.

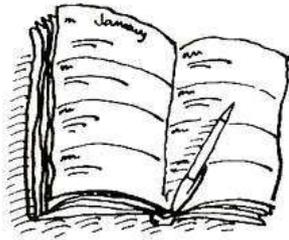
Debbie Sellick





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EVENTS DIARY - JULY 2014 onwards



JULY

Sat 26th John Chubb – flatwork £15 pp at Leawood

AUGUST

Sun 3rd SJ COMPETITION (schedule attached)
 Tue 5th SJ with Caroline Creighton 6pm start £20
 Sat 16th SJ with John Chubb at Leawood £15pp
 Sun 31st Flatwork with John Chubb at Leawood £15pp

SEPTEMBER

Sun 7th Ride a test day with John Chubb at Leawood £20pp
 (see above)
 Wed 10th Flatwork with Angela at Leawood
 Sun 14th Jump a course day with Dawn Vanstone £20pp
 (see above)
 Tue 16th SJ with Caroline Creighton 6pm start £20
 Wed 17th Pole & Grid with Angela at Leawood
 Sun 21st DRESSAGE COMPETITION (see attached poster)
 Wed 24th Flatwork with Angela at Leawood
 Sat 27th Flatwork with John Chubb at Leawood £16pp

OCTOBER

Wed 1st Pole & Grid with Angela at Leawood
 Sun 5th FUN RIDE
 Wed 8th Flatwork with Angela at Leawood
 Sun 12th SJ with John Chubb at Leawood £16pp
 Tue 14th SJ with Caroline Creighton 6pm start £20
 Wed 15th Pole & Grid with Angela at Leawood
 Sun 19th DRESSAGE COMPETITION (see attached)
 Wed 22nd Flatwork with Angela at Leawood
 Fri 24th AGM at Nicholls Hall, Lydford. Bring and share
 Supper and table top tack sale (£5 per table).
 Details to follow.
 Sat 25th Flatwork with John Chubb at Leawood £16pp
 Wed 29th Pole & Grid with Angela at Leawood

NOVEMBER

Wed 5th Flatwork with Angela at Leawood
 Fri 7th SOCIAL EVENING with skittles and food at Fox &
 Hounds with Devon Riding Club. Details to follow.
 Sun 9th SJ with John Chubb at Leawood £16
 Tue 11th SJ with Caroline. 6pm at Leawood £20
 Wed 12th Pole & Grid with Angela at Leawood
 Sun 16th DRESSAGE COMPETITION (see attached)

Wed 19th Flatwork with Angela at Leawood
 Sat 22nd Flatwork with John Chubb at Leawood £16pp
 Wed 26th Pole & Grid with Angela at Leawood

DECEMBER

Wed 3rd Flatwork with Angela at Leawood
 Wed 10th Pole & Grid with Angela at Leawood
 Wed 17th Flatwork with Angela at Leawood

All Wednesday Lessons with Angela Coward are
 £12.00 per person due to an increase in costs.

Please book with Jenny Greenway on 01822 859029,
 07877 523389 or jghillyfield@gmail.com.

Lessons with John Chubb are £15.00 per person, but
 please note that with effect from 1st September will
 increase to £16pp. Please book with Anne Shrubshall
 on 01837 658958, 07811 729939 or e mail
a.e.shrubshall@talk21.com.

Lessons with Caroline Creighton are £20.00 per person.
 Please book with Cath Scrivener on 07815 821779

AREA QUALIFIERS

The area dressage qualifier took place at St. Leonards Equestrian Centre on the weekend of 12th/13th July. The Saturday was the novice tests and the Sunday the prelim. We entered a novice team and two individuals and also a prelim team.

Unfortunately one of our novice team had to drop out due to lameness but one of our individuals stepped up so that we still had a team entered. It was such a shame that on the day another team member dropped out and we were unable to fill the place with our remaining individual as she had already done her test. Therefore we did not have a team. Nevertheless they did very well with Sandra coming 3rd, Amy Scrivener 7th and Amy Pickard 10th.

On Sunday the team, consisting of Anne Redman, Caroline Royston and Laura Wooldridge did very well and came 5th, with Caroline coming individual 7th, Anne 8th and Laura 13th.

Everyone had a fabulous time and have already put their names down for the winter areas.

From now on the monthly training with John Chubb at Leawood will include team training. Therefore if you would like to be in a team please let Cath know and you will be put in a group with other members wanting to do similar standard tests. This will help foster good team spirit and everyone will have a laugh and get to know each other. You definitely do not have to be a fabulous dressage rider or have a flashy horse, so please get in touch with Cath and put your name forward, it would be lovely to be able to put in more than one team.

Many thanks must go to John who has been training the team and who came to warm everyone up, keep them calm and support them throughout the whole weekend. It was much appreciated by all!



Caroline Royston



Anne Redman



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WEBSITE AND FACEBOOK

Please keep an eye on the web site as I try to keep it updated as soon as we have some more information, dates etc. Also please like our facebook page and pass on to friends. If anyone has anything they would like advertised, please let Cath know.



SKITTLES SOCIAL

Mid Devon Riding Club have contacted the committee and asked if we would like to have a skittle match at The Fox and Hounds near Sourton on the 7th of November. It will be a friendly match where we can meet new friends and have a laugh without the horses! If you are interested please get in touch with Cath to put your name down and get more details.

CHARITY EVENTS

St Lukes Hospice have contacted us and requested we advertise the attached Dressage to Music Lecture/Demo to be given by Clare Deithrick at St Leonards Equitation Centre, Launceston on 29th August starting at 7pm.

Our club secretary, Amy Scrivener and two other members of Bridestowe School are competing in the Ultimate Triathlon Relay Team at the UK National Iron Man Championships to be held in Shropshire, in August. Amy is doing a 2.4 mile open water swim, Pippa is then cycling 112 miles and Jo is finishing by running a full marathon. They are doing this in aid of Friends of Bridestowe School. They would be incredibly grateful for any support and donations can be made via the website: <http://friends-of-bridestowe-school.believe.in/donate/>

CONTACTS

Committee:

Chairperson: Cath Scrivener 07815 821779

cathscrivener@btinternet.com

Secretary: Amy Scrivener: 07980 854212

amyscrivener@hotmail.co.uk

Press: Clive Bastin: 07581 175141

press@lydvalleyriding.co.uk

Treasurer/Membership Sec: Anne Shrubshall 07811 729939 a.e.shrubshall@talk21.com

Newsletter/Facebook/Website: Cath Scrivener
(cathscrivener@btinternet.com)

Events Team:

Area Events: Cath Scrivener on 01837 861705/ 07815 821779 cathscrivener@btinternet.com

Mid Week Training: Jenny Greenway 01822 859029/ 07877 523389 jghillyfield@gmail.com

John Chubb Training: Anne Shrubshall 07811 729939 a.e.shrubshall@talk21.com

Evening/Other Weekend Events: Cath Scrivener 07815 821779/01837 861705

cathscrivener@btinternet.com

Dressage: Pat Thomas 01822 810549

FOR SALE/WANTED ADS



Jenny Greenway has some lovely old iron mangers/flower pots for sale (see picture). Please contact her on 01822 859029 or 07877 523389 for more information.





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Jenny Greenway also has the following items of saddlery for sale. Please contact her on the above numbers for more information:-

Various bits mostly 5" or 5 1/2",

1 French link loose ring snaffle at 13cm reasonable offers

1 mullen mouth in hand snaffle at 4" and 1 at 4 1/2 "

2 x black sheepskin girth covers with Velcro fastening

2 x Roma dressage saddlecloths – FS black

FS High wither blue

1 x GP saddle cloth Rambo FS blue

Premier Equine Fly rug – repaired 5'6" nearly new though

Masta Zing pony turnout 5'.

Amigo lite turnout maroon 5'9" surplus to requirement

Pony Cavesson, black

1 x Cob size in hand showing bridle with mullen mouth bit. Only used 1 season

2 x pony size in hand showing bridles (no bits)

All 3 bridles have stitching on noseband and brow band with brass fixings.

1 x leather lead rein with attachment to bridle.

All the above items are open to reasonable offers and can be seen.

HAYLAGE FOR SALE

17 bales of haylage for sale at £4 a bale. Ring Jenny as above.

WANTED

Is there someone who would be willing to share transport/costs with me to Riding Club training and events? I keep my ponies at Sandford near Crediton. I currently use Willhayes Transport who are excellent. Please ring Linda on 01363 84022.

Do you have any horsey items you'd like to move on?
An item of tack that you just can't find anywhere?

Trying to sell a vehicle/trailer? Or just looking for someone to go for rides with?

Whatever it is, why not use the pages of your newsletter to get your message out to the rest of the members in the club? Please contact Cath Scrivener on cathscrivener@btinternet.com for inclusion in the next newsletter.